

| ESM05 Allergen Identification Form |                                        | Menu Title/Year Autumn Menu 2025 |           |      |      |         |       |      | Menu Week/Day Week One |         |         |           |        |      |           |
|------------------------------------|----------------------------------------|----------------------------------|-----------|------|------|---------|-------|------|------------------------|---------|---------|-----------|--------|------|-----------|
| Product brand or code              | Menu Item Details<br>m/c = May Contain | Celery                           | Crustacea | Eggs | Fish | Gluten* | Lupin | Milk | Molluscs               | Mustard | Peanuts | Tree Nuts | Sesame | Soya | Sulphites |
|                                    | <b>Monday</b>                          |                                  |           |      |      |         |       |      |                        |         |         |           |        |      |           |
|                                    | Margherita Pizza                       | -                                | -         | yes  | -    | w       | -     | yes  | -                      | -       | -       | -         | -      | -    | -         |
|                                    | Garlic bread                           | -                                | -         | -    | -    | w       | -     | m/c  | -                      | -       | -       | -         | -      | m/c  | -         |
|                                    | Flapjack                               | -                                | -         | -    | -    | w/o     | -     | -    | -                      | -       | -       | -         | -      | -    | -         |
|                                    |                                        |                                  |           |      |      |         |       |      |                        |         |         |           |        |      |           |
|                                    | <b>Tuesday</b>                         |                                  |           |      |      |         |       |      |                        |         |         |           |        |      |           |
|                                    | Chicken Curry                          | -                                | -         | -    | -    | w       | -     | -    | -                      | -       | -       | -         | -      | -    | -         |
|                                    | Vegetarian Curry                       | -                                | -         | -    | -    | w       | -     | -    | -                      | -       | -       | -         | -      | -    | -         |
|                                    | Rice                                   | -                                | -         | -    | -    | -       | -     | -    | -                      | -       | -       | -         | -      | -    | -         |
|                                    | Naan Bread                             | -                                | -         | -    | -    | w       | -     | -    | -                      | -       | -       | -         | -      | -    | -         |
|                                    | Fruit Salad                            | -                                | -         | -    | -    | -       | -     | -    | -                      | -       | -       | -         | -      | -    | -         |
|                                    |                                        |                                  |           |      |      |         |       |      |                        |         |         |           |        |      |           |
|                                    | <b>Wednesday</b>                       |                                  |           |      |      |         |       |      |                        |         |         |           |        |      |           |
|                                    | Toad in the hole (Pork)                | -                                | -         | yes  | -    | w       | -     | yes  | -                      | -       | -       | -         | -      | -    | yes       |
|                                    | Vegetarian Toad in the hole            | -                                | -         | yes  | -    | w       | -     | yes  | -                      | -       | -       | -         | -      | yes  | yes       |
|                                    | Mixed Vegetables                       | -                                | -         | -    | -    | -       | -     | -    | -                      | -       | -       | -         | -      | -    | -         |
|                                    | Roast Potatoes                         | -                                | -         | -    | -    | -       | -     | -    | -                      | -       | -       | -         | -      | -    | -         |
|                                    | Honey Oat Cookie                       | -                                | -         | -    | -    | w/o     | -     | -    | -                      | -       | -       | -         | -      | -    | -         |
|                                    |                                        |                                  |           |      |      |         |       |      |                        |         |         |           |        |      |           |
|                                    | <b>Thursday</b>                        |                                  |           |      |      |         |       |      |                        |         |         |           |        |      |           |
|                                    | Spaghetti Bolognese                    | -                                | -         | -    | -    | w       | -     | -    | -                      | m/c     | -       | -         | -      | m/c  | -         |
|                                    | Quorn Bolognese                        | -                                | -         | yes  | -    | w/b     | -     | -    | -                      | m/c     | -       | -         | -      | m/c  | -         |
|                                    | Fruit Crumble                          | -                                | -         | -    | -    | -       | w/o   | -    | -                      | -       | -       | -         | -      | -    | -         |

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

\*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten\* in that column.



| ESM05 Allergen Identification Form |                                                  | Menu Title/Year |           | Autumn Menu 2025 |      |         |       |      | Menu Week/Day    Week Two |         |         |           |        |      |           |
|------------------------------------|--------------------------------------------------|-----------------|-----------|------------------|------|---------|-------|------|---------------------------|---------|---------|-----------|--------|------|-----------|
| Product brand or code              | Menu Item Details<br><br>m/c = May Contain       | Celery          | Crustacea | Eggs             | Fish | Gluten* | Lupin | Milk | Molluscs                  | Mustard | Peanuts | Tree Nuts | Sesame | Soya | Sulphites |
|                                    | Monday                                           |                 |           |                  |      |         |       |      |                           |         |         |           |        |      |           |
|                                    | Chicken Goujon and Roasted Pepper Wrap           | -               | -         | yes              | -    | w       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Vegetarian Nugget/Goujon and Roasted Pepper Wrap | -               | -         | -                | -    | w       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Chips                                            | -               | -         | -                | -    | -       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Fruit Sponge and Custard                         | -               | -         | yes              | -    | w       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    |                                                  |                 |           |                  |      |         |       |      |                           |         |         |           |        |      |           |
|                                    | Tuesday                                          |                 |           |                  |      |         |       |      |                           |         |         |           |        |      |           |
|                                    | Beef Chilli                                      | -               | -         | -                | -    | -       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Quorn Chilli                                     | -               | -         | yes              | -    | b       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Rice                                             | -               | -         | -                | -    | -       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Flapjack                                         | -               | -         | -                | -    | w/o     | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    |                                                  |                 |           |                  |      |         |       |      |                           |         |         |           |        |      |           |
|                                    | Wednesday                                        |                 |           |                  |      |         |       |      |                           |         |         |           |        |      |           |
|                                    | Chicken Pie                                      | -               | -         | -                | -    | w       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Butternut Squash Plait                           | -               | -         | yes              | -    | w/b     | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Mixed Vegetables                                 | -               | -         | -                | -    | -       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Roast Potatoes                                   | -               | -         | -                | -    | -       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Yorkshire Pudding                                | -               | -         | yes              | -    | w       | -     | yes  | -                         | -       | -       | -         | -      | -    | -         |
|                                    | Fruit Salad                                      | -               | -         | -                | -    | -       | -     | -    | -                         | -       | -       | -         | -      | -    | -         |
|                                    |                                                  |                 |           |                  |      |         |       |      |                           |         |         |           |        |      |           |
|                                    |                                                  |                 |           |                  |      |         |       |      |                           |         |         |           |        |      |           |
|                                    |                                                  |                 |           |                  |      |         |       |      |                           |         |         |           |        |      |           |
|                                    |                                                  |                 |           |                  |      |         |       |      |                           |         |         |           |        |      |           |

\*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten\* in that column.



| ESM05 Allergen Identification Form |                                        | Menu Title/Year Autumn Menu 2025 |           |      |      |                      |       |      | Menu Week/Day Week Three |         |         |           |        |      |           |
|------------------------------------|----------------------------------------|----------------------------------|-----------|------|------|----------------------|-------|------|--------------------------|---------|---------|-----------|--------|------|-----------|
| Product brand or code              | Menu Item Details<br>m/c = May Contain | Celery                           | Crustacea | Eggs | Fish | Gluten*              | Lupin | Milk | Molluscs                 | Mustard | Peanuts | Tree Nuts | Sesame | Soya | Sulphites |
|                                    | <b>Monday</b>                          |                                  |           |      |      |                      |       |      |                          |         |         |           |        |      |           |
|                                    | Turkey Burger                          | -                                | -         | m/c  | -    | w<br>m/c<br>b o<br>r | -     | m/c  | -                        | -       | -       | -         | m/c    | yes  | -         |
|                                    | Vegetarian Burger                      | -                                | -         | -    | -    | b<br>m/c<br>w        | -     | -    | -                        | -       | -       | -         | -      | yes  | -         |
|                                    | Potato Wedges                          | -                                | -         | -    | -    | -                    | -     | -    | -                        | -       | -       | -         | -      | -    | -         |
|                                    | Fruit Crumble                          | -                                | -         | -    | -    | w o                  | -     | -    | -                        | -       | -       | -         | -      | -    | -         |
|                                    |                                        |                                  |           |      |      |                      |       |      |                          |         |         |           |        |      |           |
|                                    | <b>Tuesday</b>                         |                                  |           |      |      |                      |       |      |                          |         |         |           |        |      |           |
|                                    | African Jollof Chicken and Rice        | -                                | -         | -    | -    | -                    | -     | -    | -                        | -       | -       | -         | -      | -    | -         |
|                                    | Vegetable African Jollof and Rice      | -                                | -         | -    | -    | b w                  | -     | -    | -                        | -       | -       | -         | -      | -    | -         |
|                                    | Fruit Sponge and Custard               | -                                | -         | yes  | -    | w o                  | -     | yes  | -                        | -       | -       | -         | -      | -    | -         |
|                                    |                                        |                                  |           |      |      |                      |       |      |                          |         |         |           |        |      |           |
|                                    | <b>Wednesday</b>                       |                                  |           |      |      |                      |       |      |                          |         |         |           |        |      |           |
|                                    | Cottage Pie (Beef)                     | -                                | -         | -    | -    | -                    | -     | -    | -                        | -       | -       | -         | -      | -    | -         |
|                                    | Quorn Cottage Pie                      | -                                | -         | yes  | -    | b                    | -     | -    | -                        | -       | -       | -         | -      | -    | -         |
|                                    | Mixed Vegetables                       | -                                | -         | -    | -    | -                    | -     | -    | -                        | -       | -       | -         | -      | -    | -         |
|                                    | Yorkshire Pudding                      | -                                | -         | yes  | -    | w                    | -     | yes  | -                        | -       | -       | -         | -      | -    | -         |
|                                    | Flapjack                               | -                                | -         | -    | -    | w o                  | -     | -    | -                        | -       | -       | -         | -      | -    | -         |
|                                    |                                        |                                  |           |      |      |                      |       |      |                          |         |         |           |        |      |           |
|                                    | <b>Thursday</b>                        |                                  |           |      |      |                      |       |      |                          |         |         |           |        |      |           |
|                                    | Macaroni Cheese                        | -                                | -         | -    | -    | w                    | -     | yes  | -                        | yes     | -       | -         | -      | m/c  | -         |
|                                    | Garlic Bread                           | -                                | -         | -    | -    | w                    | -     | m/c  | -                        | -       | -       | -         | -      | m/c  | -         |
|                                    | Fruit Salad                            | -                                | -         | -    | -    | -                    | -     | -    | -                        | -       | -       | -         | -      | -    | -         |



