

ESM05 Allergen Identification Form		Menu Title/Year AUTUMN / WINTER 2023							Menu Week/Day WEEK TWO						
Product brand or code	Menu Item Details M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	BEEF MEATBALLS	—	—	—	—	✓W	—	—	—	—	—	—	—	—	—
	PLANTBASED MEATBALLS	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	RICH AND RUSTIC	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	ONION	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	PAPRIKA	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	SPAGHETTI	—	—	—	—	✓W	—	—	—	m/c	—	—	—	m/c	—
	PEAS	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	RAISINS	—	—	—	—	—	—	—	—	—	—	—	—	—	—
TUESDAY	CHICKEN	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	SPINACH	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	CREAM CHEESE	—	—	—	—	—	—	✓	—	—	—	—	—	—	—
	PASTA	—	—	—	—	✓W	—	—	—	m/c	—	—	—	m/c	—
	MED VEGETABLES	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	RICH AND RUSTIC	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	BECHAMEL SAUCE	—	—	—	—	✓W	—	✓	—	—	—	—	—	—	—
	LASAGNE SHEETS	—	—	—	—	✓W	—	—	—	m/c	—	—	—	m/c	—
	CHEESE	—	—	—	—	—	—	✓	—	—	—	—	—	—	—
	SALAD	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	LOLLY	—	—	—	—	—	—	—	—	—	—	—	—	—	—
WEDNESDAY	PORK SAUSAGE	—	—	—	—	✓W	—	—	—	—	—	—	—	—	✓
	VEGETABLE SAUSAGE	—	—	—	—	✓W	—	—	—	—	—	—	—	—	—

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*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form			Menu Title/Year AUTUMN/WINTER 2023						Menu Week/Day WEEK TWO						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	M/C = MAY CONTAIN														
WEDNESDAY CONT	MASH POTATO	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	PEAS	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	GRAVY	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	FRUIT	—	—	—	—	—	—	—	—	—	—	—	—	—	—
THURSDAY	CHICKEN NUGGETS	—	—	—	—	✓W	—	—	—	—	—	—	—	—	—
	QUORN DIPPERS	—	—	—	—	✓W	—	—	—	—	—	—	—	—	—
	WRAP	—	—	—	—	✓W	—	—	—	—	—	—	—	—	—
	HASH BROWNS	—	—	—	—	m/cW	—	m/c	—	—	—	—	—	—	m/c
	SALAD	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	KETCHUP PORTION	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	FRUIT SMOOTHIE	—	—	—	—	—	—	—	—	—	—	—	—	—	—
FRIDAY	FISH GOUJONS	—	—	—	✓	✓W	—	—	—	—	—	—	—	—	—
	FISHLESS FISH FINGERS	—	—	—	—	✓W	—	—	—	—	—	—	—	—	—
	NEW POTATOES	—	—	—	—	—	—	—	—	—	—	—	—	—	—
	SPAGHETTI HOOPS	—	—	—	—	✓W	—	—	—	—	—	—	—	—	—
	COOKIES	—	—	✓	—	✓W	—	m/c	—	—	—	—	—	—	—

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ESM05 Allergen Identification Form			Menu Title/Year AUTUMN/WINTER 2023						Menu Week/Day WEEK THREE						
Product brand or code	Menu Item Details M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	TEXAN BBQ SAUCE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	CHICKEN	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	CHURN PIECES	/	/	✓	/	/	/	/	/	/	/	/	/	/	/
	VEGETABLES	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	RICE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	CORN ON THE COB	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	RAISINS	/	/	/	/	/	/	/	/	/	/	/	/	/	/
TUESDAY	BEEF MINCE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	VEGAN BEEF PIECES	/	/	/	/	✓W+B	/	/	/	/	/	/	/	/	/
	ONION	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	GRAVY	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	SAUTÉ POTATOES	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	VEGETABLES	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	LOLLY	/	/	/	/	/	/	/	/	/	/	/	/	/	/
WEDNESDAY	GARLIC CHICKEN	/	/	/	/	/	/	✓	/	/	/	/	/	/	/
	RATATOUILLE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	POTATO GRATIN	/	/	/	/	/	/	✓	/	/	/	/	/	/	/
	PEAS AND SWEETCORN	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	FRUIT	/	/	/	/	/	/	/	/	/	/	/	/	/	/

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Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form

Menu Title/Year AUTUMN/WINTER MENU 2023

Menu Week/Day WEEK ONE

Product brand or code	Menu Item Details MAY CONTAIN = M/C	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	BUBBLE FISH				✓										
	CHIPS														
	BEANS														
	OMELETTE			✓				✓							
	RAISINS														
TUESDAY	CHICKEN														
	KATSU CURRY SAUCE					W								✓	
	RICE														
	VEGETABLES														
	LENTILS														
	CHAPATI					W									
	LOLY														

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ESM05 Allergen Identification Form		Menu Title/Year AUTUMN/WINTER MENU 2023							Menu Week/Day WEEK ONE						
Product brand or code	Menu Item Details M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	S
WEDNESDAY	BEEF MINCE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	RICH AND RUSTIC	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	ONION	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PAPRIKA	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN MINCE	-	-	✓	-	✓B	-	-	-	-	-	-	-	-	-
	SPAGHETTI / PASTA	-	-	-	-	✓W	-	-	-	m/c	-	-	-	m/c	-
	GARLIC BREAD	-	-	-	-	✓W	-	m/c	-	-	-	-	-	m/c	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
FRIDAY	CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN PIECES	-	-	✓	-	-	-	-	-	-	-	-	-	-	-
	SWEET AND SOUR SAUCE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	COOKIE	-	-	✓	-	W✓	-	m/c	-	-	-	-	-	m/c	-
THURSDAY	CHRISTMAS DINNER														
	SEE SEPARATE ALLERGEN LIST.														

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ESM05 Allergen Identification Form			Menu Title/Year AUTUMN/ WINTER 2023							Menu Week/Day DAILY					
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
BAGUETTES	SERVED DAILY														
	BAGUETTE	1	1	1	1	W O B	1	1	1	1	1	1	m/c	1	1
	DAIRY FREE BUTTER	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	HAM	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	CHEESE	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	TUNA MAYO	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	TURKEY	1	1	1	1	1	1	1	1	1	1	1	1	1	1
JACKET POTATOES	SERVED DAILY														
	CHEESE	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	BEANS	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	TUNA MAYO	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	BUTTER PORTION	1	1	1	1	1	1	1	1	1	1	1	1	1	1

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