



Community & Family Learning Courses

Online Courses

<i>COURSE TITLE</i>	<i>START DATE</i>	<i>END DATE</i>	<i>START TIME</i>	<i>END TIME</i>
<i>FL PARENTAL MENTAL HEALTH</i>	<i>09/10/2025</i>	<i>16/10/2025</i>	<i>09:30</i>	<i>11:30</i>
<i>FL SIBLING RIVALRY</i>	<i>10/10/2025</i>	<i>10/10/2025</i>	<i>12:30</i>	<i>14:30</i>
<i>FL ROUTINES RULE</i>	<i>17/10/2025</i>	<i>17/10/2025</i>	<i>12:30</i>	<i>14:30</i>



If you would like to enrol on to a FREE course please Visit our website [aclessex.com](https://www.aclessex.com) and type the course title in the 'Find a course...' box

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COURSE TITLE	START DATE	END DATE	START TIME	END TIME
FL FAMILY FIRST AID	20/10/2025	20/10/2025	09:30	11:30
FL SETTING BOUNDARIES	21/10/2025	23/10/2025	09:45	11:45
FL ROUTINES RULE	22/10/2025	22/10/2025	19:00	21:00
FL SETTING BOUNDARIES	23/10/2025	30/10/2025	10:00	12:00
FL UNDERSTANDING ADHD IN CHILDREN	24/10/2025	31/10/2025	09:00	11:30
FL UNDERSTANDING BIG EMOTIONS	24/10/2025	24/10/2025	12:00	14:30



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COURSE TITLE	START DATE	END DATE	START TIME	END TIME
FL MANAGING BIG EMOTIONS	30/10/2025	30/10/2025	19:00	21:00
FL UNDERSTANDING CHILDREN'S ANXIETY	31/10/2025	31/10/2025	12:00	14:30

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