

ESM05 Allergen Identification Form		Menu Title/Year <i>AUTUMN/WINTER</i>							Menu Week/Day <i>WEEK ONE</i>						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	<i>MAY CONTAIN = M/C</i>														
<i>MONDAY</i>	<i>FISH FINGER</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
	<i>HERBI DICED POTATOES</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>Σ</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
	<i>BEANS</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
	<i>OMELETTE</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
	<i>YOGHURT</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
<i>TUESDAY</i>	<i>CHICKEN CURRY</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
	<i>RICE</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
	<i>SWEETCORN</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
	<i>VEGETABLE CURRY</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
	<i>COOKIE</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>w/o</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>/</i>
<i>WEDNESDAY</i>	<i>TOAD IN THE HOLE</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>w</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>✓</i>
	<i>ROAST POTATOES</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
	<i>PEAS</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
	<i>VEGGI TOAD IN THE HOLE</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>Σ</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>✓</i>
	<i>FRUIT SMOOTHIE</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>
<i>THURSDAY</i>	<i>SPAGHETTI BOLOGNAISE (BEEF)</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>w</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>m/c</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>m/c</i>	<i>/</i>
	<i>GARLIC BREAD</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>Σ</i>	<i>/</i>	<i>m/c</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>m/c</i>	<i>/</i>
	<i>QUORN SPAGHETTI BOLOGNAISE</i>	<i>/</i>	<i>/</i>	<i>✓</i>	<i>/</i>	<i>w/B</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>m/c</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>m/c</i>	<i>/</i>
	<i>FRUIT</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>	<i>/</i>

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*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form		Menu Title/Year AUTUMN/WINTER							Menu Week/Day WEEK TWO						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAY CONTAIN = m/c														
MONDAY	NON PEANUT SATAY CHICKEN	-	-	-	-	W	-	-	-	✓	-	-	-	✓	-
	STIR FRY VEGETABLES+NOODLES	-	-	✓	-	W	-	-	-	-	-	-	-	-	-
	QUORN BEEF PIECES	-	-	-	-	B+W	-	-	-	-	-	-	-	-	-
	COOKIE	-	-	-	-	W+O	-	✓	-	-	-	-	-	✓	-
TUESDAY	TOMATO+BASIL PASTA BAKE	-	-	-	-	W	-	-	-	m/c	-	-	-	m/c	-
	GARLIC BEAN	-	-	-	-	W	-	m/c	-	-	-	-	-	m/c	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
WEDNESDAY	BEEF COTTAGE PIE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN COTTAGE PIE	-	-	✓	-	B	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CAKE	-	-	✓	-	W	-	-	-	-	-	-	-	-	-
THURSDAY	CHICKEN NUGGETS	-	-	-	-	W	-	-	-	-	-	-	-	✓	-
	WEDGES	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	SWEETCORN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PLANT BASED DIPPERS	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
FRIDAY	BEEF BURGER IN ROLL	✓	-	-	-	W	-	-	-	-	-	-	m/c	-	-
	VEGETARIAN 1/4B BURGER IN ROLL	-	-	-	-	W+B	-	-	-	-	-	-	-	✓	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-

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ESM05 Allergen Identification Form		Menu Title/Year Autumn / Winter							Menu Week/Day Week THREE						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAY CONTAIN = m/c														
MONDAY	BEEF TACO	-	-	-	-	M/C/W	-	-	-	-	-	-	-	-	-
	QUORN MINCE TACO	-	-	✓	-	B	-	-	-	-	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	SWEETCORN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
TUESDAY	TUSCAN CHICKEN PASTA	-	-	-	-	W	-	-	-	m/c	-	-	-	m/c	-
	TUSCAN QUORN PASTA (Beef)	-	-	-	-	B+W	-	-	-	m/c	-	-	-	m/c	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CAKE	-	-	✓	-	W	-	-	-	-	-	-	-	-	-
WEDNESDAY	ROAST CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	NEW POTATOES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN FILLET	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
THURSDAY	FISH GOUJONS	-	-	-	✓	W	-	-	-	-	-	-	-	-	-
	CHIPS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PEAS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLE LASAGNE	-	-	-	-	W	-	✓	-	m/c	-	-	-	-	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	✓	-

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
BAGUETTES	BAGUETTE	-	-	-	-	W/B	-	-	-	-	-	-	-	-	-
	DAIRY FREE BUTTER	-	-	-	-	-	-	-	-	-	-	-	m/c	-	-
	HAM	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CHEESE	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
	TUNA MAYO	-	-	✓	✓	-	-	-	-	-	-	-	-	-	-
	TURKEY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
JACKET POTATOES															
	CHEESE	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	TUNA MAYO	-	-	✓	✓	-	-	-	-	-	-	-	-	-	-
	BUTTER PORTIONS	-	-	-	-	-	-	✓	-	-	-	-	-	-	-

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