

ESM05 Allergen Identification Form

Menu Title/Year

Spring Menu 2026

Menu Week/Day Week One

Product brand or code	Menu Item Details m/c = May contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	Monday														
	Spaghetti Beef Bolognese	w	.	.	.	m/c	.	.	.	m/c	.
	Quorn Bolognese	.	.	yes	.	w/b	.	.	.	m/c	.	.	.	m/c	.
	Fruit
	Tuesday														
	Chicken Curry
	Vegetarian Curry
	Rice
	Naan Bread	w
	Brownie	.	.	yes	.	w
	Wednesday														
	Roast Chicken
	Quorn Fillet	w
	Yorkshire Pudding	.	.	yes	.	w	.	yes
	Vegetables
	Roast Potatoes
	Cookie	w

*Gluten Key: **W**=Wheat **O**=Oats **B**=Barley **R**=Rye **S**=Spelt **K**=Kamut

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ESM05 Allergen Identification Form		Menu Title/Year Spring Menu 2026							Menu Week/Day Week One cont						
Product brand or code	Menu Item Details m/c = May contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	Thursday														
	Margherita Pizza	-	-	m/c	-	w	-	yes	-	-	-	-	-	-	-
	Pork Pepperoni Pizza	-	-	m/c	-	w	-	yes	-	-	-	-	-	-	-
	Garlic Bread	-	-	-	-	w	-	m/c	-	-	-	-	-	m/c	-
	Sponge Cake	-	-	yes	-	w	-	-	-	-	-	-	-	-	-
	Friday														
	Cod Fish Fingers	-	-	-	yes	w	-	-	-	-	-	-	-	-	-
	Quorn Fishless Fingers	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	Mash Potatoes	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Beans	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Yoghurt	-	-	-	-	-	-	yes	-	-	-	-	-	-	-

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ESM05 Allergen Identification Form		Menu Title/Year		Spring Menu 2025							Menu Week/Day Week Two					
Product brand or code	Menu Item Details m/c = May contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites	
	Monday															
	Chicken Pesto Pasta	w	.	.	.	m/c	.	.	.	m/c	.	
	Quorn Pesto Pasta	w/b	.	.	.	m/c	
	Garlic Bread	w	.	m/c	m/c	.	
	Sponge Cake	.	.	yes	.	w	
	Tuesday															
	Sweet & Sour Chicken	
	Quorn Beef Sweet & Sour	w/b	
	Rice	
	Brownie	.	.	yes	.	w	
	Wednesday															
	Pork Sausage	w	yes	
	Vegetarian Sausage	w	.	yes	.	yes	
	Roast Potatoes	
	Yorkshire	.	.	yes	.	w	.	yes	
	Vegetables	
	Fruit	

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ESM05 Allergen Identification Form		Menu Title/Year Spring Menu						Menu Week/Day Week Two cont								
Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites	
	Thursday															
	Chicken Goujon & Roasted Pepper Wrap	-	-	yes	-	w	-	-	-	-	-	-	-	-	-	
	Vegetarian Nugget & Roasted Pepper Wrap	-	-	-	-	w	-	-	-	-	-	-	-	-	-	
	Wedges	-	-	-	-	w	-	-	-	-	-	-	-	-	-	
	Cookie	-	-	-	-	w	-	-	-	-	-	-	-	-	-	
	Friday															
	Salmon Fish Fingers	-	-	-	yes	-	-	-	-	-	-	-	-	-	-	
	Omelette	-	-	yes	-	-	-	yes	-	-	-	-	-	-	-	
	Chips	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	Peas	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	Yoghurt	-	-	-	-	-	-	yes	-	-	-	-	-	-	-	

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ESM05 Allergen Identification Form		Menu Title/Year		Spring Menu					Menu Week/Day Week Three							
Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites	
	Monday															
	Beef Meatballs In a Tomato Sauce	W	
	Plant Based Balls In a Tomato Sauce	
	Pasta	W	.	.	.	m/c	.	.	.	m/c	.	
	Yoghurt	yes	
	Tuesday															
	Spanish Chicken	
	Spanish Quorn Fillet	W	
	Rice	
	Sponge Cake	.	.	yes	.	W	
	Wednesday															
	Gammon Loin	
	Quorn Breaded Escalope	.	.	yes	.	W	.	yes	
	Roast Potatoes	
	Yorkshire Pudding	.	.	yes	.	W	.	yes	
	Vegetables	
	Brownie	.	.	yes	.	W	

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Menu Title/Year

Spring Menu

Menu Week/Day Week Three cont

Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	Thursday														
	Beef Burger in a Roll	w	m/c	yes	.
	Vegetarian Burger in a Roll	w/b	m/c	yes	.
	Potato Wedges	w
	Fruit
	Friday														
	Cod Fish Fingers	.	.	.	yes	w
	Quorn Fishless Fingers	w
	Herby Diced Potatoes	w
	Peas
	Cookie	w

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