

ESM05 Allergen Identification Form

Menu Title/Year **SPRING 2024 MENU**

Menu Week/Day **WEEK TWO**

Product brand or code	Menu Item Details G/F = GLUTEN FREE M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	MINCED BEEF														
	CHILLI SAUCE														
	RICE														
	VEGETABLES														
	NACHO'S														
	QUORN MINCE			✓		B									
	SMOOTHIE														
TUESDAY	CHICKEN														
	PASTA					W				M/C				M/C	
	RICH AND RUSTIC														
	SPINACH														
	VEGETABLES														
	WARM BREAD					W M/C B							✓		
	QUORN PIECES			✓											
	FRESH FRUIT														
	YOGHURTS							✓							
WEDNESDAY	MINCED BEEF														
	GRAVY														
	ONION														
	YORKSHIRE			✓		W		✓							
	NEW POTATOES														

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*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut *

Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form

Menu Title/Year *SPRING 2024 MENU*

Menu Week/Day *WEEK TWO CONT:*

Product brand or code	Menu Item Details G/F = GLUTEN FREE M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
<i>WEDNESDAY</i>	<i>VEGETABLES</i>														
<i>CONT:-</i>	<i>QUORN MINCE</i>			✓		<i>B</i>									
	<i>SPONGE CAKE</i>			✓		<i>W</i>									
<i>THURSDAY</i>	<i>CHICKEN NUGGETS</i>					<i>W</i>								✓	
	<i>CRISPY CUBES</i>					<i>W</i>									
	<i>BEANS</i>														
	<i>VEGAN CHICKEN STRIPS</i>					<i>W</i>									
	<i>FRESH FRUIT</i>														
<i>FRIDAY</i>	<i>CHICKEN</i>														
	<i>CURRY SAUCE</i>							✓		✓					
	<i>RICE</i>														
	<i>NAAN</i>					<i>W</i>									
	<i>VEGETABLES</i>														
	<i>LENTILS</i>														
	<i>COOKIE</i>			✓		<i>W</i>		<i>M/C</i>						<i>M/C</i>	

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MONDAY	VEGAN SAUSAGE ROLL	-	-	-	-	Σ	-	-	-	-	-	-	-	-	-
	JACKET POTATO	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	COOKIE	-	-	✓	-	Σ	-	M/C	-	-	-	-	-	M/C	-
TUESDAY	MINCED BEEF	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	ONION	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PAPRIKA	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	RICH AND RUSTIC	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PASTA	-	-	-	-	Σ	-	-	-	M/C	-	-	-	M/C	-
	GARLIC BREAD	-	-	-	-	W	-	M/C	-	-	-	-	-	M/C	-
	QUORN MINCE	-	-	✓	-	B	-	-	-	-	-	-	-	-	-
	FRESH FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
WEDNESDAY	CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	YORKSHIRE	-	-	✓	-	Σ	-	✓	-	-	-	-	-	-	-
	STUFFING	-	-	-	-	WO	-	-	-	-	-	-	-	-	-
	ROAST POTATOES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	SEASONAL VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGAN QUORN FILLET	-	-	-	-	Σ	-	-	-	-	-	-	-	-	-
	GRAVY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	SMOOTHIE	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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THURSDAY	PIZZA BASE	/	/	M/C	/	W	/	M/C	/	/	/	/	/	/	/
	PIZZA TOPPING	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	CHEESE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	HERB	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	PEPPERONI (PORK)	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	CRUOITÉS	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	FRESH FRUIT	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	YOGHURT	/	/	/	/	/	/	/	/	/	/	/	/	/	/
FRIDAY	GARLIC CHICKEN	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	BOAT	/	/	/	/	W	/	/	/	/	/	/	/	/	/
	RICE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	SEASONAL VEGETABLE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	CHEESE SAUCE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	STOCK	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	SPONGE CAKE	/	/	/	/	W	/	/	/	/	/	/	/	/	/
	BREAD CRUMB	/	/	/	/	W M/C	/	/	/	/	/	/	M/C	/	/
	CRISPS	/	/	/	/	/	/	/	/	/	/	/	/	/	/

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ESM05 Allergen Identification Form

Menu Title/Year SUMMER 2024 MENU

Menu Week/Day WEEK ONE

Product brand or code	Menu Item Details G/F = GLUTEN FREE M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	FISH FINGERS G/F				✓										
	POTATO WEDGES														
	PEAS														
	OMLETTE			✓				✓							
	FRESH FRUIT														
	YOGHURT							✓							
TUESDAY	PORK SAUSAGES					W									✓
	PASTA					W				M/C				M/C	
	RICH AND RUSTIC														
	VEGETABLES														
	QUORN SAUSAGE					W									
	SMOOTHIE														
WEDNESDAY	CHEESE SAUCE							✓						✓	
	CHICKEN														
	HAM														
	PASTRY					W									
	NEW POTATOES														
	VEGETABLES														
	QUORN PIECES			✓											
	COOKIE			✓		W		M/C						M/C	

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Menu Title/Year SUMMER 2024 MENU

Menu Week/Day WEEK ONE CONT.

Product brand or code	Menu Item Details G/F = GLUTEN FREE M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
THURSDAY	ROLL					Σ							3/C		
	BEEF BURGER	✓				Σ									
	CHIPS														
	SALAD														
	LINDA MC CARTNEY 1/4 POUNDER					W								✓	
	FRESH FRUIT														
FRIDAY	DELI PEEI RUB														
	CHICKEN														
	WRAP					W									
	SALAD														
	VEGETABLE SANSAGE					W								✓	✓
	SPONGE CAKE			✓		W									

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ESM05 Allergen Identification Form

Menu Title/Year **SPRING 2024 MENU**

Menu Week/Day **DAILY**

Product brand or code	Menu Item Details M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
BAGUETTES	BAGUETTE					W B K							M/C		
	DAIRY FREE BUTTER														
	HAM														
	CHEESE														
	TUNA MAYO			✓	✓										
	TURKEY														
JACKET POTATOES															
	CHEESE														
	BEANS														
	TUNA MAYO			✓	✓										
	BUTTER PORTIONS														

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