

ESM05 Allergen Identification Form		Menu Title/Year SPRING TERM 2025							Menu Week/Day WEEK ONE						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAY CONTAIN = m/c														
MONDAY	FISH FINGER	-	-	-	✓	-	-	-	-	-	-	-	-	-	-
	HERB DICED POTATOES	-	-	-	-	Σ	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	OMELETTE	-	-	✓	-	-	-	✓	-	-	-	-	-	-	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
TUESDAY	CHICKEN CURRY	-	-	-	-	-	-	✓	-	✓	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	SWEETCORN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLE CURRY	-	-	-	-	-	-	✓	-	✓	-	-	-	-	-
	COOKIE	-	-	-	-	w/o	-	✓	-	-	-	-	-	✓	-
WEDNESDAY	TOAD IN THE HOLE	-	-	✓	-	w	-	✓	-	-	-	-	-	-	✓
	ROAST POTATOES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PEAS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGGI TOAD IN THE HOLE	-	-	✓	-	w	-	✓	-	-	-	-	-	✓	✓
	FRUIT SMOOTHIE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
THURSDAY	SPAGHETTI BOLOGNAISE (BEEF)	-	-	-	-	w	-	-	-	m/c	-	-	-	m/c	-
	GARLIC BREAD	-	-	-	-	w	-	m/c	-	-	-	-	-	m/c	-
	QUORN SPAGHETTI BOLOGNAISE	-	-	✓	-	w/B	-	-	-	m/c	-	-	-	m/c	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

\*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten\* in that column.

ESM05 Allergen Identification Form		Menu Title/Year <u>SPRING TERM 2025</u>							Menu Week/Day <u>WEEK ONE</u>						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
<u>FRIDAY</u>	<u>MAY CONTAIN = M/C</u> <u>CHEESE TOMATO PIZZA</u>														
	<u>CRUDITIES</u>														
	<u>CAKE</u>														

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ESM05 Allergen Identification Form		Menu Title/Year SPRING TERM 2025							Menu Week/Day WEEK TWO						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAI CONTAIN = m/c														
MONDAY	SWEET & SOUR CHICKEN + VEG	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN BEEF PIECES IN	-	-	-	-	B+W	-	-	-	-	-	-	-	-	-
	SWEET + SOUR SAUCE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	COOKIE	-	-	-	-	W+O	-	✓	-	-	-	-	-	✓	-
TUESDAY	TOMATO + BASIL PASTA BAKE	-	-	-	-	Z	-	-	-	m/c	-	-	-	m/c	-
	GARLIC BREAD	-	-	-	-	Z	-	m/c	-	-	-	-	-	m/c	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
WEDNESDAY	BEEF COTTAGE PIE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN COTTAGE PIE	-	-	✓	-	B	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CAKE	-	-	✓	-	Z	-	-	-	-	-	-	-	-	-
THURSDAY	CHICKEN NUGGETS	-	-	-	-	Z	-	-	-	-	-	-	-	✓	-
	POTATO WEDGES	-	-	-	-	Z	-	-	-	-	-	-	-	-	-
	SWEETCOEN	-	-	-	-	Z	-	-	-	-	-	-	-	-	-
	PLANT BASED DIPPERS	-	-	-	-	Z	-	-	-	-	-	-	-	-	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
FRIDAY	BEEF BURGER IN ROLL	✓	-	-	-	W	-	-	-	-	-	-	m/c	-	-
	VEGETARIAN 1/4 LB BURGER IN ROLL	-	-	-	-	W+B	-	-	-	-	-	-	-	✓	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAY CONTAIN = m/c														
MONDAY	BEEF TACO	-	-	-	-	m/c/w	-	-	-	-	-	-	-	-	-
	QUORN MINCE TACO	-	-	✓	-	B	-	-	-	-	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	SWEETCORN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
TUESDAY	TUSCAN CHICKEN PASTA	-	-	-	-	W	-	-	-	m/c	-	-	-	m/c	-
	TUSCAN QUORN PASTA (Beef)	-	-	-	-	B+W	-	-	-	m/c	-	-	-	m/c	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CAKE	-	-	✓	-	W	-	-	-	-	-	-	-	-	-
WEDNESDAY	ROAST CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	NEW POTATOES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN FILLET	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
THURSDAY	FISH GOUJONS	-	-	-	✓	W	-	-	-	-	-	-	-	-	-
	CHIPS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PEAS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLE LASAGNE	-	-	-	-	W	-	✓	-	m/c	-	-	-	✓	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
FRIDAY	PORK PATTIE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	OMELETTE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	ROLL	/	/	/	/	W	/	/	/	/	/	/	m/c	/	/
	HASH BROWN	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	BEANS	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	VEGETARIAN SAUSAGE PATTIE	/	/	/	/	W+B	/	/	/	/	/	/	/	/	/
	VEGAN BACON	/	/	/	/	m/cW	/	/	/	/	/	/	/	/	/
	COOKIE	/	/	/	/	W/O	/	/	/	/	/	/	/	/	/

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	MAY CONTAIN = m/c														
BAGUETTES	BAGUETTE	-	-	-	-	W/BK	-	-	-	-	-	-	m/c	-	-
	DAIRY FREE BUTTER	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	HAM	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CHEESE	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
	TUNA MAYO	-	-	✓	✓	-	-	-	-	-	-	-	-	-	-
	TURKEY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
JACKET POTATOES															
	CHEESE	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	TUNA MAYO	-	-	✓	✓	-	-	-	-	-	-	-	-	-	-
	BUTTER PORTIONS	-	-	-	-	-	-	✓	-	-	-	-	-	-	-

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