



COURSE TITLE	VENUE	START DATE	START TIME	END TIME
FL GETTING TEENS TO TALK	ONLINE LIVE	05/02/2026 (2 WEEKS)	19:00	21:00
FL ROUTINES RULE	ONLINE LIVE	10/02/2026	09:45	11:45
FL MANAGING BIG EMOTIONS	ONLINE LIVE	11/02/2026	19:00	21:00
FL ROUTINES RULE	ONLINE LIVE	13/02/2026	12:30	14:30

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COURSE TITLE	VENUE	START DATE	START TIME	END TIME
FL GETTING CHILDREN TO LISTEN	ONLINE LIVE	20/02/2026	12:00	14:30
FL MANAGING BIG EMOTIONS	ONLINE LIVE	20/02/2026	09:00	11:30
FL SUPPORT YOUR CHILD ATTEND/ENJOY SCHOOL	ONLINE LIVE	23/02/2026 (6 WEEKS)	18:00	20:00
FL UNDERSTANDING NEURODIVERGENT CHILDREN	ONLINE LIVE	23/02/2026 (5 WEEKS)	12:30	14:30
FL SEND SUPPORT FOR FAMILIES	ONLINE LIVE	24/02/2026 (6 WEEKS)	19:00	21:00
FL FAMILY WELLBEING	ONLINE LIVE	24/02/2026 (6 WEEKS)	09:30	11:30
FL ASSERTIVE PARENTING	ONLINE LIVE	24/02/2026 (6 WEEKS)	19:00	21:00



COURSE TITLE	VENUE	START DATE	START TIME	END TIME
FL BUILDING POSITIVE FAMILY RELATIONSHIP	ONLINE LIVE	24/02/2026 (5 WEEKS)	09:45	11:45
FL ROUTINES RULE	ONLINE LIVE	24/02/2026	13:00	15:00
FL FAMILY WELLBEING	ONLINE LIVE	24/02/2026 (6 WEEKS)	09:30	11:30
FL POSITIVE PARENTING	ONLINE LIVE	24/02/2026 (6 WEEKS)	09:30	11:30
FL UNDERSTANDING ADHD AND AUTISM IN CHILDREN	ONLINE LIVE	24/02/2026 (5 WEEKS)	09:30	11:30
FL UNDERSTANDING NEURODIVERGENT CHILDREN	ONLINE LIVE	24/02/2026 (5 WEEKS)	19:00	21:00



COURSE TITLE	VENUE	START DATE	START TIME	END TIME
FL UNDERSTANDING NEURODIVERGENT CHILDREN	ONLINE LIVE	25/02/2026 (6 WEEKS)	10:00	12:00
FL MANAGING BIG EMOTIONS	ONLINE LIVE	25/02/2026 (2 WEEKS)	18:00	20:00
FL MANAGING ANXIETY FOR SEND	ONLINE LIVE	25/02/2026 (2 WEEKS)	18:00	20:00
FL RAISING BOYS	ONLINE LIVE	26/02/2026 (2 WEEKS)	19:00	21:00
FL SUPPORTING FAMILY MATHS	ONLINE LIVE	26/02/2026 (6 WEEKS)	09:30	11:30
FL SUPPORT YOUR CHILD ATTEND/ENJOY SCHOOL	ONLINE LIVE	26/02/2026 (6 WEEKS)	09:30	11:30
FL ESOL FOR FAMILIES	ONLINE LIVE	26/02/2026 (6 WEEKS)	18:00	20:00
FL GETTING AN ADHD/AUTISM DIAGNOSIS ADULT	ONLINE LIVE	26/02/2026 (2 WEEKS)	18:00	20:00



COURSE TITLE	VENUE	START DATE	START TIME	END TIME
FL UNDERSTANDING CHILDREN'S ANXIETY	ONLINE LIVE	26/02/2026 (3 WEEKS)	19:00	21:00
FL ASSERTIVE PARENTING	ONLINE LIVE	26/02/2026 (6 WEEKS)	09:30	11:30
FL ZONES OF REGULATION	ONLINE LIVE	26/02/2026 (2 WEEKS)	09:45	11:45
FL UNDERSTANDING CHILDREN'S ANXIETIES	ONLINE LIVE	26/02/2026 (2 WEEKS)	19:00	21:00
FL FAMILY FIRST AID	ONLINE LIVE	26/02/2026 (2 WEEKS)	09:30	11:30
FL POSITIVE PARENTING	ONLINE LIVE	26/02/2026 (6 WEEKS)	18:00	20:00
FL UNDERSTANDING ADHD AND AUTISM IN CHILDREN	ONLINE LIVE	26/02/2026 (5 WEEKS)	19:00	21:00
FL - A GUIDE TO SIBLING HARMONY	ONLINE LIVE	27/02/2026	12:30	14:30