

ESM05 Allergen Identification Form		Menu Title/Year		Autumn		2025		Menu Week/Day								WEEK ONE	
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites		
	M/C = MAY CONTAIN																
MONDAY	HAM CARBONARA	-	-	-	-	Σ	-	✓	-	M/C	-	-	-	✓	-		
	MAC and CHEESE	-	-	-	-	Σ	-	✓	-	M/C	-	-	-	✓	-		
	SWEETCORN	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	WARM BREAD	-	-	-	-	Σ ^{M/C}	-	-	-	-	-	-	M/C	-	-		
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-		
TUESDAY	CHICKEN TIKKA MASALA	-	-	-	-	-	-	✓	-	-	-	-	-	-	-		
	VEGETABLE TIKKA MASALA	-	-	-	-	-	-	✓	-	-	-	-	-	-	-		
	VEGETABLE RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	NAAN BREAD	-	-	-	-	Σ	-	-	-	-	-	-	-	-	-		
	COOKIE	-	-	✓	-	Σ	-	M/C	-	-	-	-	-	M/C	-		
WEDNESDAY	CHEESE PIZZA	-	-	M/C	-	Σ	-	✓	-	-	-	-	-	-	-		
	CRUDITIES	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
THURSDAY	CHICKEN NUGGETS	-	-	-	-	Σ	-	-	-	-	-	-	-	✓	-		
	VEGETABLE NUGGETS	-	-	-	-	Σ	-	-	-	-	-	-	-	-	-		
	HARBY DICED POTATOES	-	-	-	-	Σ	-	-	-	-	-	-	-	-	-		
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-		

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form		Menu Title/Year <u>Autumn</u>					2025		Menu Week/Day <u>WEEK TWO</u>							
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites	
	M/C = MAY CONTAIN															
MONDAY	FILLET OF FISH	-	-	-	✓	Σ	-	-	-	-	-	-	-	-	-	
	OMELETTE	-	-	✓	-	-	-	✓	-	-	-	-	-	-	-	
	CHIPS	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-	
TUESDAY	ORZO CHICKEN	-	-	-	-	W	-	-	-	m/c	-	-	-	m/c	-	
	ORZO QUORN	-	-	-	-	W+B	-	-	-	m/c	-	-	-	m/c	-	
	PEAS	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	COOKIE	-	-	✓	-	W	-	m/c	-	-	-	-	-	m/c	-	
WEDNESDAY	PORK SLIDER	-	-	-	-	W	-	-	-	-	-	-	m/c	✓	-	
	VEGETARIAN SLIDER	-	-	✓	-	W+B	-	-	-	✓	-	-	m/c	-	-	
	ONION RINGS	-	-	-	-	W	-	-	-	-	-	-	-	-	-	
	SALAD	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
THURSDAY	PASTA BOLOGNAISE	-	-	-	-	W	-	-	-	m/c	-	-	-	m/c	-	
	QUORN LASAGNE	-	-	✓	-	W+B	-	✓	-	m/c	-	-	-	m/c	-	
	GARLIC BREAD	-	-	-	-	W	-	m/c	-	-	-	-	-	m/c	-	
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

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[illegible]

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	MIC = MAY CONTAIN															
MONDAY	Diwali themed menu - See separate allergen sheet.															
TUESDAY	PORK HOT DOG	-	-	-	-	W ^{m/c}	-	-	-	-	-	-	-	m/c	-	
	VEGETARIAN HOT DOG	-	-	-	-	W ^{m/c}	-	-	-	-	-	-	-	-	✓	
	CHIPS	-	-	-	-	W ^{m/c}	-	-	-	-	-	-	-	✓	✓	
	KETCHUP	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
WEDNESDAY	ROAST CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	YORKSHIRE	-	-	✓	-	W	-	✓	-	-	-	-	-	-	-	
	ROAST POTATOES	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	QUORN FILLET	-	-	-	-	W	-	-	-	-	-	-	-	-	-	
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	GRAVY	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	ICE CREAM	-	-	-	-	-	-	✓	-	-	-	-	-	-	-	
THURSDAY	PEPPERONI PIZZA	-	-	m/c	-	W	-	✓	-	-	-	-	-	-	-	
	VEGETABLE PIZZA	-	-	m/c	-	W	-	✓	-	-	-	-	-	-	-	
	GARLIC BREAD	-	-	-	-	W	-	m/c	-	-	-	-	-	m/c	-	
	COOKIE	-	-	✓	-	W	-	m/c	-	-	-	-	-	m/c	-	

This form must be reviewed on 11/10/2025

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