

ESM05 Allergen Identification Form		Menu Title/Year AUTUMN TERM						Menu Week/Day WEEK ONE							
Product brand or code	Menu Item Details M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	TEXAN CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	TORTILIA BOAT	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	CHIPS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	S/F QUORN STRIPS	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
TUESDAY	PORK SAUSAGE ROLL	-	-	-	-	W	-	-	-	-	-	-	-	-	✓
	1/2 JACKET	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	C/O PASTIE	-	-	-	-	W	-	✓	-	-	-	-	-	-	-
	SWEET TREAT	-	-	✓	-	W/O	-	✓	-	-	-	-	-	-	-
WEDNESDAY	ROAST CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	ROAST POTATOES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	YORKSHIRES	-	-	✓	-	W	-	✓	-	-	-	-	-	-	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	GRAVY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGAN ROLL	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
THURSDAY	BEEF PASTA BOLOGNAISE	-	-	-	-	W	-	-	-	m/c	-	-	-	m/c	-
	VEGETABLE LASAGNE	-	-	-	-	W	-	✓	-	-	-	-	-	✓	-
	GARLIC BREAD	-	-	-	-	W	-	m/c	-	-	-	-	-	m/c	-

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form		Menu Title/Year AUTUMN Term							Menu Week/Day WEEK TWO						
Product brand or code	Menu Item Details m/c = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	HAM CARBONARA	-	-	-	-	Σ	-	✓	-	-	-	-	-	✓	-
	QUORN CARBONARA	-	-	-	-	B+W	-	✓	-	-	-	-	-	✓	-
	GARLIC BREAD	-	-	-	-	W	-	m/c	-	-	-	-	-	m/c	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
TUESDAY	CHICKEN CURRY	-	-	-	-	Σ	-	-	-	-	-	-	-	✓	-
	VEGETABLE CURRY	-	-	-	-	Σ	-	-	-	-	-	-	-	✓	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CHAPATI	-	-	-	-	Σ	-	-	-	-	-	-	-	-	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
WEDNESDAY	MARGHERITA PIZZA	-	-	m/c	-	W	-	✓	-	-	-	-	-	-	-
	CRUDITES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
THURSDAY	FISH FINGERS	-	-	-	✓	-	-	-	-	-	-	-	-	-	-
	CHIPS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PEAS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	OMELETTE	-	-	✓	-	-	-	✓	-	-	-	-	-	-	-
	SWEET TREAT	-	-	✓	-	W/O	-	✓	-	-	-	-	-	-	-
FRIDAY	PORK SAUSAGE IN ROLL	-	-	-	-	W	-	-	-	-	-	-	m/c	-	✓
	HERB DICKED POTATOES	-	-	-	-	W	-	-	-	-	-	-	-	-	-

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form		Menu Title/Year AUTUMN Term							Menu Week/Day WEEK THREE						
Product brand or code	Menu Item Details m/c = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	FISH GOUJONS	-	-	-	✓	W	-	-	-	-	-	-	-	-	-
	WRAP	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	LINDA McCARTNEY YUB BURGER	-	-	-	-	B ^{M/E}	-	-	-	-	-	-	A/C	✓	-
	SALAD	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
TUESDAY	CHICKEN MAC'N'CHEESE	-	-	-	-	W	-	✓	-	m/c	-	-	-	✓	-
	MAC'N'CHEESE	-	-	-	-	W	-	✓	-	m/c	-	-	-	✓	-
	SWEETCORN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
WEDNESDAY	ROAST GAMMON	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	NEW POTATOES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PEAS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	HERBIE QUORN FILET	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	ICE CREAM	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
THURSDAY	CHICKEN NUGGETS -	-	-	-	-	W	-	-	-	-	-	-	-	✓	-
	POTATO WEDGES	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN VEGAN NUGGETS	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

*Gluten Key:- W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form		Menu Title/Year	Menu Week/Day												
		AUTUMN 2024 MENU	DAILY												
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
BAGUETTES	BAGUETTE					W ³ /B ¹ /C									
	DAIRY FREE BUTTER														
	HAM														
	CHEESE														
	TUNA MAYO														
	TURKEY														
JACKET POTATOES															
	CHEESE														
	BEANS														
	TUNA MAYO														
	BUTTER PORTIONS														

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

*Gluten Key:- W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut *

Please state the name of the cereal(s) containing gluten* in that column.