



COURSE TITLE	VENUE	START DATE	START TIME	END TIME
FL POSITIVE PARENTING	ONLINE LIVE	05/03/2026 (4 WEEKS)	18:00	20:00
FL MANAGING BIG EMOTIONS	ONLINE LIVE	06/03/2026 (1 WEEK)	12:30	14:30
FL UNDERSTANDING ANXIETY	ONLINE LIVE	11/03/2026 (2 WEEKS)	18:00	20:00
FL DYSLEXIA AWARENESS	ONLINE LIVE	12/03/2026 (2 WEEKS)	09:45	11:45
FL SUCCESSFUL CO-PARENTING	ONLINE LIVE	12/03/2026 (1 WEEK)	09:30	11:30

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COURSE TITLE	VENUE	START DATE	START TIME	END TIME
FL UNDERSTANDING ADHD IN CHILDREN	ONLINE LIVE	13/03/2026 (2 WEEKS)	09:00	11:30
FL UNDERSTANDING AUTISM	ONLINE LIVE	13/03/2026 (2 WEEKS)	12:00	14:30
FL SLEEP WORKSHOP	ONLINE LIVE	17/03/2026 (1 WEEK)	18:00	20:00
FL UNDERSTANDING ANXIETY	ONLINE LIVE	19/03/2026 (2 WEEKS)	09:45	11:45
FL MANAGING ANXIETY FOR SEND	ONLINE LIVE	19/03/2026 (2 WEEKS)	09:30	11:30

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COURSE TITLE	VENUE	START DATE	START TIME	END TIME
FL SETTING CLEAR BOUNDARIES FOR CHILDREN	ONLINE LIVE	24/03/2026 (1 WEEK)	19:00	21:00
FL ZONES OF REGULATION	ONLINE LIVE	25/03/2026 (1 WEEK)	13:00	15:00
FL MANAGING BIG EMOTIONS	ONLINE LIVE	26/03/2026 (1 WEEK)	09:30	11:30
FL ZONES OF REGULATION	ONLINE LIVE	26/03/2026 (1 WEEK)	19:00	21:00

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