

ESM05 Allergen Identification Form

Menu Title/Year AUTUMN/WINTER 2023

Menu Week/Day WEEK TWO

Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	BEEF MEATBALLS					√W									
	PLANTBASED MEATBALLS													√	
	RICH AND RUSTIC ONION														
	PAPRIKA														
	SPAGHETTI					√W				M/C				M/C	
	PEAS														
	RAISINS														
TUESDAY	CHICKEN														
	SPINACH														
	CREAM CHEESE							√							
	PASTA					√W				M/C				M/C	
	MED VEGETABLES														
	RICH AND RUSTIC														
	BECHAMEL SAUCE					√W		√							
	LASAGNE SHEETS					√W				M/C				M/C	
	CHEESE							√							
	SALAD														
	LOLLY														
WEDNESDAY	PORK SAUSAGE					√W									√
	VEGETABLE SAUSAGE					√W									

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Please state the name of the cereal(s) containing gluten\* in that column.

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WEDNESDAY CONT	MASH POTATO														
	PEAS														
	GRAVY														
	FRUIT														
THURSDAY	CHICKEN NUGGETS					√W									
	QUORN DIPPERS					√W									
	WRAP					√W									
	HASH BROWNS					m/cW		m/c							m/c
	SALAD														
	KETCHUP PORTION														
	FRUIT SMOOTHIE														
FRIDAY	FISH GOUJONS				√	√W									
	FISHLESS FISH FINGERS					√W									
	NEW POTATOES														
	SPAGHETTI HOOPS					√W									
	COOKIES			√		√W		m/c							

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Product brand or code	Menu Item Details M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	TEXAN BBQ SAUCE														
	CHICKEN														
	CHICKEN PIECES			✓											
	VEGETABLES														
	RICE														
	CORN ON THE COB														
	RAISINS														
TUESDAY	BEEF MINCE														
	VEGAN BEEF PIECES					✓W+B									
	ONION														
	CREAM														
	SAUTÉ POTATOES														
	VEGETABLES														
	LOLLY														
WEDNESDAY	GARLIC CHICKEN							✓							
	RATATOUILLE														
	POTATO GRATIN							✓							
	PEAS AND SWEETCORN														
	FRUIT														

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	M/C = MAY CONTAIN														
THURSDAY	PIZZA BASES			m/c		√w		m/c							
	PIZZA TOPPING														
	CHEESE							√							
	HERBS														
	SALAD														
	FRUIT SMOOTHIE														
FRIDAY	CHICKEN BURGER					√w									
	BUN					√w							m/c		
	LINDA MCCARTNEY 1/4lb BURGER					√B m/c w								√	
	CRUDITES														
	COOKIES			√		√w		m/c						m/c	

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Product brand or code	Menu Item Details MAY CONTAIN = M/C	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	BUBBLE FISH				✓										
	CHIPS														
	BEANS														
	OMELETTE			✓				✓							
	RAISINS														
TUESDAY	CHICKEN														
	KATSU CURRY SAUCE					✓W								✓	
	RICE														
	VEGETABLES														
	LENTILS														
	CHAPATI					✓W									
	LOLLY														
WEDNESDAY	GAMMON														
	YORKSHIRE PUDDING			✓		✓W		✓							
	ROAST POTATOES														
	VEGETABLES														
	GRAVY														
	VEGETARIAN SAUSAGE ROLL					✓W									
	FRUIT														

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Menu Title/Year AUTUMN/WINTER MENU 2023

Menu Week/Day WEEK ONE

Product brand or code	Menu Item Details M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
THURSDAY	BEEF MINCE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	RICH AND RUSTIC	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	ONION	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PAPRIKA	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN MINCE	-	-	✓	-	✓B	-	-	-	-	-	-	-	-	-
	SPAGHETTI	-	-	-	-	✓W	-	-	-	M/C	-	-	-	M/C	-
	GARLIC BREAD	-	-	-	-	✓W	-	M/C	-	-	-	-	-	M/C	-
	FRUITSMOOTHIE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
FRIDAY	CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN PIECES	-	-	✓	-	-	-	-	-	-	-	-	-	-	-
	SWEET AND SOUR SAUCE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	COOKIE	-	-	✓	-	W✓	-	M/C	-	-	-	-	-	M/C	-

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ESM05 Allergen Identification Form		Menu Title/Year AUTUMN/WINTER 2023							Menu Week/Day DAILY						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
BAGUETTES	SERVED DAILY														
	BAGUETTE					W M/CB							M/C		
	DAIRY FREE BUTTER														
	HAM														
	CHEESE							/							
	TUNA MAYO			/	/										
	TURKEY														
JACKET POTATOES	SERVED DAILY														
	CHEESE							/							
	BEANS														
	TUNA MAYO			/	/										
	BUTTER PORTION							/							

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