

ESM05 Allergen Identification Form		Menu Title/Year		Autumn Menu 2025					Menu Week/Day							Week One	
Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites		
	Monday																
	Margherita Pizza	-	-	yes	-	w	-	yes	-	-	-	-	-	-	-		
	Garlic bread	-	-	-	-	w	-	m/c	-	-	-	-	-	m/c	-		
	Flapjack	-	-	-	-	w/o	-	-	-	-	-	-	-	-	-		
	Tuesday																
	Chicken Curry	-	-	-	-	w	-	-	-	-	-	-	-	-	-		
	Vegetarian Curry	-	-	-	-	w	-	-	-	-	-	-	-	-	-		
	Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	Naan Bread	-	-	-	-	w	-	-	-	-	-	-	-	-	-		
	Fruit Salad	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	Wednesday																
	Toad in the hole (Pork)	-	-	yes	-	w	-	yes	-	-	-	-	-	-	yes		
	Vegetarian Toad in the hole	-	-	yes	-	w	-	yes	-	-	-	-	-	yes	yes		
	Mixed Vegetables	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	Roast Potatoes	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	Honey Oat Cookie	-	-	-	-	w/o	-	-	-	-	-	-	-	-	-		
	Thursday																
	Spaghetti Bolognese	-	-	-	-	w	-	-	-	m/c	-	-	-	m/c	-		
	Quorn Bolognese	-	-	yes	-	w/b	-	-	-	m/c	-	-	-	m/c	-		
	Fruit Crumble	-	-	-	-	-	w/o	-	-	-	-	-	-	-	-		

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form		Menu Title/Year Autumn Menu 2025								Menu Week/Day Week Two					
Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	Monday														
	Chicken Goujon and Roasted Pepper Wrap	-	-	yes	-	w	-	-	-	-	-	-	-	-	-
	Vegetarian Nugget/Goujon and Roasted Pepper Wrap	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	Chips	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Fruit Sponge and Custard	-	-	yes	-	w	-	-	-	-	-	-	-	-	-
	Tuesday														
	Beef Chilli	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Quorn Chilli	-	-	yes	-	b	-	-	-	-	-	-	-	-	-
	Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Flapjack	-	-	-	-	w/o	-	-	-	-	-	-	-	-	-
	Wednesday														
	Chicken Pie	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	Butternut Squash Plait	-	-	yes	-	w/b	-	-	-	-	-	-	-	-	-
	Mixed Vegetables	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Roast Potatoes	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Yorkshire Pudding	-	-	yes	-	w	-	yes	-	-	-	-	-	-	-
	Fruit Salad	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form		Menu Title/Year		Autumn Menu 2025					Menu Week/Day Week Three						
Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	Monday														
	Turkey Burger	-	-	m/c	-	w m/c b o r	-	m/c	-	-	-	-	m/c	yes	-
	Vegetarian Burger	-	-	-	-	b m/c w	-	-	-	-	-	-	-	yes	-
	Potato Wedges	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Fruit Crumble	-	-	-	-	w o	-	-	-	-	-	-	-	-	-
	Tuesday														
	African Jollof Chicken and Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Vegetable African Jollof and Rice	-	-	-	-	b w	-	-	-	-	-	-	-	-	-
	Fruit Sponge and Custard	-	-	yes	-	w o	-	yes	-	-	-	-	-	-	-
	Wednesday														
	Cottage Pie (Beef)	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Quorn Cottage Pie	-	-	yes	-	b	-	-	-	-	-	-	-	-	-
	Mixed Vegetables	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Yorkshire Pudding	-	-	yes	-	w	-	yes	-	-	-	-	-	-	-
	Flapjack	-	-	-	-	w o	-	-	-	-	-	-	-	-	-
	Thursday														
	Macaroni Cheese	-	-	-	-	w	-	yes	-	yes	-	-	-	m/c	-
	Garlic Bread	-	-	-	-	w	-	m/c	-	-	-	-	-	m/c	-
	Fruit Salad	-	-	-	-	-	-	-	-	-	-	-	-	-	-

