



# After School

## CHIPPING HILL



**Calm. Confidence. Resilience.**

**Supporting children with tools they can use for life.**

We teach powerful mindfulness and mindset techniques in a fun and innovative way. Through Mentoring 4 Kids by Kids™ meditations, movement, stories, games and creative activities.



**MONDAYS 3:15-4:15PM**

**STARTING 20TH APRIL 2026**

**8 SESSIONS - £6 A SESSION**

**BOOKINGS : [HTTPS://MINIME-MINDFULNESS-BRAINTREE-DISTRICT.CLASSFORKIDS.IO/TERM/98](https://minime-mindfulness-braintree-district.classforkids.io/term/98)**

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[www.minimemindfulness.co.uk](http://www.minimemindfulness.co.uk)

MiniMe Mindfulness® – teaching positive mindfulness and mindset techniques in a fun and innovative way. Because little eyes are always watching.™

<https://minime-mindfulness-braintree-district.classforkids.io/term/98>

**NO CLUBS ON - 20/04/2026, 06/07/2026 and 13/07/26**