

ESM05 Allergen Identification Form		Menu Title/Year Autumn Menu							Menu Week/Day Week One						
Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
Monday	Chicken & Chorizo Pasta Bake (PORK)	-	-	-	-	w	-	yes	-	m/c	-	-	-	m/c	-
	Vegetable Lasagne	-	-	m/c	-	w	-	yes	-	m/c	-	-	-	yes	-
	Yoghurt	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
Tuesday	Beef Chilli	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Quorn Mince Chilli	-	-	yes	-	b	-	-	-	-	-	-	-	-	-
	Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Cookie	-	-	yes	-	w	-	yes	-	-	-	-	-	yes	-
Wednesday	Somerset Pork	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Quorn Fillet	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	Roast Potatoes	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Vegetables	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Fruit	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Thursday	Cheese Pizza	-	-	m/c	-	w	-	yes	-	-	-	-	-	-	-
	Garlic Bread	-	-	-	-	w	-	m/c	-	-	-	-	-	m/c	-
	Cake	-	-	yes	-	w	-	-	-	-	-	-	-	-	-
Friday	Bubble Fish (gluten free)	-	-	-	yes	-	-	-	-	-	-	-	-	-	-
	Omelette	-	-	yes	-	-	-	yes	-	-	-	-	-	-	-
	Mini Potato Waffle	-	-	-	-	-	-	-	-	-	-	-	-	-	-

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified

*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

[illegible]

Menu Title/Year	Autumn	Menu
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Menu Week/Day Week One cont.

Product
brand or
code

Menu Item Details
m/c = May Contain

Celery

Crustacea

Eggs

Fish

Gluten*

Lupin

Milk

Molluscs

Mustard

Peanuts

Tree Nuts

Sesame

sova

Sulphites

Friday Cont

Beans

Fruit Smoothie

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ESM05 Allergen Identification Form		Menu Title/Year Autumn Menu							Menu Week/Day Week Two						
Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
Monday	Beef Pastitsio	-	-	-	-	w	-	yes	-	m/c	-	-	-	yes	-
	Quorn Pastitsio	-	-	yes	-	w/b	-	yes	-	m/c	-	-	-	yes	-
	Yoghurt	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
Tuesday	Chicken Curry	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
	Vegetable Curry	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
	Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Chapati	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	Cookie	-	-	yes	-	w	-	yes	-	-	-	-	-	yes	-
Wednesday	Pork Sausage	-	-	-	-	w	-	-	-	-	-	-	-	-	yes
	Vegetarian Sausage	-	-	-	-	w	-	-	-	-	-	-	-	yes	yes
	Garlic Potatoes	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Seasonal Vegetables	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Fruit	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Thursday	Chicken Burger	-	-	-	-	w	-	-	-	-	-	-	m/c	-	-
	Linda McCartney ¼ Pounder Burger	-	-	-	-	w/b	-	-	-	-	-	-	m/c	yes	-
	Ketchup	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Cake	-	-	yes	-	w	-	-	-	-	-	-	-	-	-
Friday	Jumbo Fish Finger Wrap	-	-	-	yes	w	-	-	-	-	-	-	-	-	-
	Fishless Fish Wrap	-	-	-	-	w	-	-	-	-	-	-	-	-	-

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Menu Title/Year

Menu Week/Day Week Two Cont

Product
brand or
code

Menu Item Details

m/c = May Contain

Celery

Crustacea

Eggs

Fish

Gluten*

Lupin

Milk

Molluscs

Mustard

Peanuts

Tree Nuts

Sesame

Boya

Sulphites

Herby Diced Potatoes

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ESM05 Allergen Identification Form		Menu Title/Year Autumn Menu							Menu Week/Day Week Three						
Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
Monday	Pasta Beef Bolognese	-	-	-	-	w	-	-	-	m/c	-	-	-	m/c	-
	Quorn Mince Bolognese	-	-	-	-	w/b	-	-	-	m/c	-	-	-	m/c	-
	Yoghurt	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
Tuesday	Beef Meatballs	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	Plant Based Balls	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Vegetable Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Cookie	-	-	yes	-	w	-	m/c	-	-	-	-	-	m/c	-
Wednesday	Gammon Steak	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Quorn Escalope	-	-	yes	-	w	-	yes	-	-	-	-	-	-	-
	Chips	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Peas	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Fruit	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Thursday	Chicken Nuggets	-	-	-	-	w	-	-	-	-	-	-	-	yes	-
	Plant Based Nuggets	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	½ Jacket Potato	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Beans	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Cake	-	-	yes	-	w	-	-	-	-	-	-	-	-	-
Friday	Cod Fish Fingers	-	-	-	yes	w	-	-	-	-	-	-	-	-	-
	Cheese and Onion Pasty	-	-	-	-	w	-	yes	-	yes	-	-	-	yes	-

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