ESM05 Allergen Identification Form	Menu Title/Year Autumn Menu														
Product brand or code	**Menu Item Details** **m/c = May Contain**	**Celery**	**Crustacea**	**Eggs**	**Fish**	**Gluten***	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Peanuts**	**Tree Nuts**	**Sesame**	**Soya**	**Sulphites**
Monday	Chicken & Chorizo Pasta Bake (PORK)	-	-	-	-	w	-	yes	-	m/c	-	-	-	m/c	-
	Vegetable Lasagne	-	-	m/c	-	w	-	yes	-	m/c	-	-	-	yes	-
	Yoghurt	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
Tuesday	Beef Chilli	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Quorn Mince Chilli	-	-	yes	-	b	-	-	-	-	-	-	-	-	-
	Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Cookie	-	-	yes	-	w	-	yes	-	-	-	-	-	yes	-
Wednesday	Somerset Pork	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Quorn Fillet	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	Roast Potatoes	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Vegetables	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Fruit	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Thursday	Cheese Pizza	-	-	m/c	-	w	-	yes	-	-	-	-	-	-	-
	Garlic Bread	-	-	-	-	w	-	m/c	-	-	-	-	-	m/c	-
	Cake	-	-	yes	-	w	-	-	-	-	-	-	-	-	-
Friday	Bubble Fish (gluten free)	-	-	-	yes	-	-	-	-	-	-	-	-	-	-
	Omelette	-	-	yes	-	-	-	yes	-	-	-	-	-	-	-
	Mini Potato Waffle	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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*Gluten Key:	**W**=Wheat **O**=Oats **B**=Barley **R**=Rye **S**=Spelt **K**=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form	Menu Title/Year Autumn Menu														
															Menu Week/Day Week One cont.
Product brand or code	**Menu Item Details** **m/c = May Contain**	**Celery**	**Crustacea**	**Eggs**	**Fish**	**Gluten***	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Peanuts**	**Tree Nuts**	**Sesame**	**Soya**	**Sulphites**
Friday Cont	Beans	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Fruit Smoothie	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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ESM05 Allergen Identification Form	Menu Title/Year Autumn Menu														
															Menu Week/Day Week Two
Product brand or code	**Menu Item Details** **m/c = May Contain**	**Celery**	**Crustacea**	**Eggs**	**Fish**	**Gluten***	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Peanuts**	**Tree Nuts**	**Sesame**	**Soya**	**Sulphites**
Monday	Beef Pastitsio	-	-	-	-	w	-	yes	-	m/c	-	-	-	yes	-
	Quorn Pastitsio	-	-	yes	-	w/b	-	yes	-	m/c	-	-	-	yes	-
	Yoghurt	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
Tuesday	Chicken Curry	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
	Vegetable Curry	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
	Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Chapati	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	Cookie	-	-	yes	-	w	-	yes	-	-	-	-	-	yes	-
Wednesday	Pork Sausage	-	-	-	-	w	-	-	-	-	-	-	-	-	yes
	Vegetarian Sausage	-	-	-	-	w	-	-	-	-	-	-	-	yes	yes
	Garlic Potatoes	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Seasonal Vegetables	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Fruit	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Thursday	Chicken Burger	-	-	-	-	w	-	-	-	-	-	-	m/c	-	-
	Linda McCartney ¼ Pounder Burger	-	-	-	-	w/b	-	-	-	-	-	-	m/c	yes	-
	Ketchup	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Cake	-	-	yes	-	w	-	-	-	-	-	-	-	-	-
Friday	Jumbo Fish Finger Wrap	-	-	-	yes	w	-	-	-	-	-	-	-	-	-
	Fishless Fish Wrap	-	-	-	-	w	-	-	-	-	-	-	-	-	-

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Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form	Menu Title/Year Autumn Menu														
															Menu Week/Day Week Two Cont
Product brand or code	**Menu Item Details** **m/c = May Contain**	**Celery**	**Crustacea**	**Eggs**	**Fish**	**Gluten***	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Peanuts**	**Tree Nuts**	**Sesame**	**Soya**	**Sulphites**
	Herby Diced Potatoes	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	smoothie	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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ESM05 Allergen Identification Form	Menu Title/Year Autumn Menu														
Product brand or code	**Menu Item Details** **m/c = May Contain**	**Celery**	**Crustacea**	**Eggs**	**Fish**	**Gluten***	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Peanuts**	**Tree Nuts**	**Sesame**	**Soya**	**Sulphites**
Monday	Pasta Beef Bolognese	-	-	-	-	w	-	-	-	m/c	-	-	-	m/c	-
	Quorn Mince Bolognese	-	-	-	-	w/b	-	-	-	m/c	-	-	-	m/c	-
	Yoghurt	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
Tuesday	Beef Meatballs	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	Plant Based Balls	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Vegetable Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Cookie	-	-	yes	-	w	-	m/c	-	-	-	-	-	m/c	-
Wednesday	Gammon Steak	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Quorn Escalope	-	-	yes	-	w	-	yes	-	-	-	-	-	-	-
	Chips	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Peas	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Fruit	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Thursday	Chicken Nuggets	-	-	-	-	w	-	-	-	-	-	-	-	yes	-
	Plant Based Nuggets	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	½ Jacket Potato	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Beans	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Cake	-	-	yes	-	w	-	-	-	-	-	-	-	-	-
Friday	Cod Fish Fingers	-	-	-	yes	w	-	-	-	-	-	-	-	-	-
	Cheese and Onion Pasty	-	-	-	-	w	-	yes	-	yes	-	-	-	yes	-

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Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form	Menu Title/Year Autumn Menu														
															Menu Week/Day Week Three Cont
Product brand or code	**Menu Item Details** **m/c = May Contain**	**Celery**	**Crustacea**	**Eggs**	**Fish**	**Gluten***	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Peanuts**	**Tree Nuts**	**Sesame**	**Soya**	**Sulphites**
Friday	Mashed Potato	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Peas	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Smoothie	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form	Menu Title/Year Menu								Menu Week/Day Daily						
Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	Wraps	-	-	-	-	w	-	-	-	-	-	-	-	-	-
	Cheese	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
	Ham	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Tuna Mayo	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-

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Please state the name of the cereal(s) containing gluten* in that column.

ESM05 Allergen Identification Form	Menu Title/Year Menu Jackets														
Product brand or code	Menu Item Details m/c = May Contain	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	Jacket Potato	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Cheese	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
	Beans	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Butter	-	-	-	-	-	-	yes	-	-	-	-	-	-	-
	Tuna Mayo	-	-	yes	yes	-	-	-	-	-	-	-	-	-	-

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