

ESM05 Allergen Identification Form

Menu Title/Year SUMMER 2024 MENU

Menu Week/Day WEEK TWO

Product brand or code	Menu Item Details G/F = GLUTEN FREE M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	MINCED BEEF	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	CHILLI SAUCE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	RICE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	VEGETABLES	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	NACHO'S	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	QUORN MINCE	/	/	/	/	B	/	/	/	/	/	/	/	/	/
	SMOOTHIE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
TUESDAY	CHICKEN	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	PASTA	/	/	/	/	W	/	/	/	M/C	/	/	/	M/C	/
	RICH AND RUSTIC	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	SPINACH	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	VEGETABLES	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	WARM BREAD	/	/	/	/	W ^{M/C} _B	/	/	/	/	/	/	/	/	/
	QUORN PIECES	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	FRESH FRUIT	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	YOGHURTS	/	/	/	/	/	/	/	/	/	/	/	/	/	/
WEDNESDAY	MINCED BEEF	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	GRAVY	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	ONION	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	YORKSHIRE	/	/	/	/	W	/	/	/	/	/	/	/	/	/
	NEW POTATOES	/	/	/	/	/	/	/	/	/	/	/	/	/	/

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

* *Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut * *

Please state the name of the cereal(s) containing gluten* in that column.

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WEDNESDAY	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
CONT:-	QUEEN Mince	-	-	✓	-	B	-	-	-	-	-	-	-	-	-
	SPONGE CAKE	-	-	✓	-	W	-	-	-	-	-	-	-	-	-
THURSDAY	CHICKEN NUGGETS	-	-	-	-	W	-	-	-	-	-	-	-	✓	-
	CRISPY CUBES	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGAN CHICKEN STRIPS	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	FRESH FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
FRIDAY	CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CURRY SAUCE	-	-	-	-	-	-	✓	-	✓	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	NAAN	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	LENTILS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	COOKIE	-	-	✓	-	W	-	M/C	-	-	-	-	-	M/C	-

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MONDAY	VEGAN SAUSAGE ROLL					Σ									
	JACKET POTATO														
	BEANS														
	COOKIE			✓		Σ		M/C						M/C	
TUESDAY	MINCED BEEF														
	ONION														
	PAPRIKA														
	RICH AND RUSTIC PASTA					Σ				M/C				M/C	
	GARLIC BREAD					W		M/C						M/C	
	QUORN MINCE			✓		B									
	FRESH FRUIT														
WEDNESDAY	CHICKEN														
	YORKSHIRE			✓		Σ		✓							
	STUFFING					W O									
	ROAST POTATOES														
	SEASONAL VEGETABLES														
	VEGAN QUORN FILLET					W									
	GRAVY														
	SMOOTHIE														

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Menu Title/Year Summer 2024 MENU

Menu Week/Day WEEK THREE CONT.

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THURSDAY	PIZZA BASE	/	/	M/C	/	W	/	M/C	/	/	/	/	/	/	/
	PIZZA TOPPING	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	CHEESE	/	/	/	/	/	/	✓	/	/	/	/	/	/	/
	HERB	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	PEPPERONI (PORK)	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	CRUOITÉS	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	FRESH FRUIT	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	YOGHURT	/	/	/	/	/	/	✓	/	/	/	/	/	/	/
FRIDAY	GARLIC CHICKEN	/	/	/	/	/	/	✓	/	/	/	/	/	/	/
	BOAT	/	/	/	/	W	/	/	/	/	/	/	/	/	/
	RICE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	SEASONAL VEGETABLE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	CHEESE SAUCE	/	/	/	/	/	/	✓	/	/	/	/	/	✓	/
	STOCK	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	SPONGE CAKE	/	/	✓	/	W	/	/	/	/	/	/	/	/	/
	BREAD CRUMB	/	/	/	/	W M/C	/	/	/	/	/	/	m/c	/	/
	CRISPS	/	/	/	/	/	/	/	/	/	/	/	/	/	/

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ESM05 Allergen Identification Form

Menu Title/Year **SUMMER 2024 MENU**

Menu Week/Day **WEEK ONE**

Product brand or code	Menu Item Details G/F = GLUTEN FREE M/C = MAY CONTAIN	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
MONDAY	FISH FINGERS G/F				✓										
	POTATO WEDGES														
	PEAS														
	OMELETTE			✓				✓							
	FRESH FRUIT														
	YOGHURT							✓							
TUESDAY	PORK SAUSAGES					W									✓
	PASTA					W				M/C				M/C	
	RICH AND RUSTIC					W									
	VEGETABLES														
	QUORN SAUSAGE					W									
	SMOOTHIE														
WEDNESDAY	CHEESE SAUCE							✓						✓	
	CHICKEN														
	HAM														
	PASTRY					W									
	NEW POTATOES														
	VEGETABLES														
	QUORN PIECES			✓											
	COOKIE			✓		W		M/C						M/C	

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