

# SMSC progression mapping

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Citizenship (‘readiness for active participation in society’)</b>	<p>They know that other children do not always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.</p>	<p>Where are my favourite, safe places? How can I keep myself safe? What can I do if I feel unsafe?</p> <p>What parts of me are growing in Y1? (E.g. legs) How do I know I am growing?</p>	<p>When is something dangerous? When is it not dangerous? Who are the people that keep me safe? Whom do I trust? What does it mean to trust people</p>	<p>What have I already achieved? What do I want to achieve? What is personal space? How do I know how to respect personal space of others? Do I know what my strengths are? Is it ok to say no sometimes? How can I take on more responsibility? What does it mean to be responsible? Can I work as part of a team? How can I work independently?</p>	<p>How can I recognise when I am feeling stressed? Is it ok to be scared? Can I tell you how I feel? Who can help me when I feel afraid? What is anxiety? What is comfortable for me? How can I recognise a dangerous situation in person and online? What is a conscience? Should I listen to it? What does the media say about being an individual?</p>	<p>Why is having a child known as ‘a responsibility’? How can I be resilient? Why is ‘no’ an important word in any relationship? What do we mean by ‘respect’? How are men and women equal? What do we mean by a loving and caring relationship? What are the elements of a good relationship i.e. stable, loving relationship? How can I cope with loss? Do I understand what first aid is?</p>	<p>What is equality? What is tolerance? What do I understand as a loving, caring relationship? How can I identify when a relationship is not loving? What happens if I come into conflict with my family? How can I make myself heard? How can I be streetwise? What is the law and how is it there to protect me? What are the consequences of breaking the law? Do I know how to keep myself safe in an emergency? Am I making good choices (anti-social behaviour)?</p>

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<b>Relationships</b>	<p>Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.</p>	<p>What makes my home happy? Me happy? How do I make friends? Shared feelings? What makes me feel good about me? How do I make others feel good? Who is special to me?</p>	<p>What makes a good friend? How can I be a good friend? Do I know how my friend is feeling? How can I help somebody when they are feeling sad? Am I ready for Y3? How do I express my feelings?</p>	<p>Why is my family special? Are there different types of families or are they all like mine? Who are my special friends? Why are they special? What makes a good friend? How can I be a good friend? What am I good at? What are my friends good at? What is the difference between a surprise and a secret? How do I show kindness?</p>	<p>Can I tell you how I feel? Who can help me when I feel afraid? What is anxiety? What is a good friendship?</p>	<p>How are men and women equal? What do we mean by a loving and caring relationship? What are the elements of a good relationship i.e. stable, loving relationship? What are the differences in my relationships? What is a relationship? What is marriage? What is gender identity?</p>	<p>What are the qualities of an important relationship? How can I cope with my own feelings and image? What will puberty feel like? How do I share my feelings with others? Do boys and girls share the same emotions about the same things? What is tolerance? What do I understand as a loving, caring relationship? How can I identify when a relationship is not loving? What happens if I come into conflict with my family? How can I make myself heard?</p>

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<b>Staying Safe</b> (links to online)	<p>Knowing how to keep themselves safe and who can help me if I do not feel safe.</p>	<p>How do I keep myself safe when I am using technology?            (Following our E-safety curriculum) I know the difference between a good and bad secret...</p>	<p>How can I keep myself safe when I am in the home?            (Including online safety)</p>	<p>How can I be a good friend online? How can I keep my information safe online?</p>	<p>What is comfortable for me?            How can I recognise a dangerous situation in person and online?            What would I do if I recognised a dangerous situation online?            What do I do if I am touched and I do not like it?            What is a conscience?            Should I listen to it?</p>	<p>Road safety participation            Should I be forced to be friends with someone?            How can I tell if people are my true friends?            What is a digital footprint?            What do I do if I see something on the internet that makes me feel uncomfortable?</p>	<p>Road safety participation            How can I be streetwise?            What is the law and how is it there to protect me? What are the consequences of breaking the law?            Do I know how to keep myself safe in an emergency?            Am I making good choices (anti-social behaviour)?            How do I keep myself safe online?            What strategies do I have for coping with peer pressure?            What images are portrayed in the media and how does it make me feel?            What do I know is an inappropriate image?            How do I stay safe on social media?            What is grooming?</p>

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<b>Keeping Healthy”</b>	<p>Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.</p>	<p>Where can I go to help me keep healthy? What are the words I need to know to describe parts of the body? (Anatomically correct names for body parts; parents to speak to class teacher if concerned)</p>	<p>What are germs and how do I keep myself hygienic? How do I keep myself clean? Why is rest important? Why do I need to sleep? How do I keep myself fit? How can I exercise? What does medicine do for me? What are ‘safe’ medicines? What is a life cycle? Can I describe a life cycle? How am I changing and growing? What can I do now that I could not do when I was younger? What are the differences between babies, toddlers and children, as they get older? What does a new baby need to survive? What is a family?</p>	<p>How am I growing up? How are boys and girls the same and different? Why am I unique? Why is my body special? How can I make sure I am keeping myself healthy? What is good dental Hygiene? How do I keep myself clean?</p>	<p>How will my body change, as I get older? How will I feel when my body starts to change? What are hormones? What makes me healthy?</p>	<p>What changes happen to both boys and girls, as they get older? What are periods? How do I keep healthy and clean, as I get older? How do I change from being young to old age? Do I know how different mammals and animals change, as they get older? What am I worried about as my body is changing? What is personal hygiene?</p>	<p>What are safe and unsafe drugs? What damage does smoking do to my body? What is personal hygiene?</p>

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<b>Feelings and emotions</b>	Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride	What are feelings that we all share? What makes me feel good about myself? How do I make other people feel good?	How can I tell how others are feeling? How can I recognise when I am feeling happy, sad, excited and angry? How do I express my feelings?	Why am I unique? What is personal space? How do I know how to respect other's personal space?	How are we different? What is my identity? What makes me, me? What does the media say about being an individual? How will my body change, as I get older? How will I feel when my body starts to change? What are hormones?	Do I have strategies for coping with different emotions? How do I cope with disagreements? What can I do when I am upset?	What strategies do I have to cope with exam stress? How ready am I for secondary school? What might it be like for me as a teenager? Review the knowledge of reproduction What are the physical and emotional changes that take place during puberty?